

Terms of Reference for Participation in the Training of Trainers on Advocacy within the Project “Metaphor” Project no: 101132089

1. Background and Context

The "Metaphor" project, co-funded by the European Youth Together program, focuses on enhancing the mental health of young people through targeted advocacy efforts. This initiative aims to empower young advocates and future trainers across Europe to address mental health challenges in their communities. The project is implemented in five countries: Serbia, Germany, Spain, Croatia, and Bulgaria and only people with residence in these countries can apply.

2. Objective of the Training of Trainers

The objectives of this activity will be to master and apply the tools and methodologies of the manual in delivering a training, leaning and knowledge transfer to young people on advocacy and mental health. Simultaneously, it will promote learner engagement, reflective practice, critical thinking, and skill acquisition. The youth workers will raise their capacities in using non-formal education tools such as role-play, working and brainstorming process, gamifying knowledge transfer, reflection groups etc. special attention will be paid to the adaption of the manual and its tools to the level of the audience (young people) as well as promotion of the self and peer use of the manual. All in all this Training of Trainers (ToT) intends to equip participants with the knowledge, skills, and tools necessary to advocate effectively for mental health among young people and decision makers. Participants will learn about advocacy strategies, and how to train others in these areas.

3. Participant Selection Criteria

To ensure a balanced and diverse group of interested people, the selection process will focus on including participants from a mix of backgrounds and experiences.

Specifically:

Experience: The selection committee aims to have a balanced group, with 50% of participants being experienced in programs of non-formal education and/or advocates in youth work, and the remaining 50% being individuals who are new or less experienced in these areas but have a strong motivation to learn and contribute.

Geographical Representation: Participants will be selected from the five participating countries: Serbia, Germany, Spain, Croatia, and Bulgaria. It is planned to have 8 participants from each country.

Commitment to Advocacy: All participants must demonstrate a commitment to advocating for mental health issues among young people within their communities.

Willingness to Train Others: Selected participants must be willing and able to transfer the knowledge and skills gained during the ToT to other potential advocates and trainers/group leaders/young people in their respective countries.

4. Scope of the Training

The training will cover the following topics:

Introduction to Advocacy: Understanding the basics of advocacy, its importance, and how it can be used to address mental health issues.

Advocacy Strategies and Tools: Practical sessions on developing and implementing effective advocacy strategies, including the use of digital tools and social media.

Training and Facilitation Skills: Testing techniques and best practices for training others, including how to design and deliver engaging and impactful training sessions.



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Cross-cultural Collaboration: Working with diverse groups and understanding the importance of cultural sensitivity in advocacy efforts.

5. Roles and Responsibilities

Participants: Selected participants are expected to actively engage in all training sessions, collaborate with other participants, and commit to applying the knowledge and skills acquired in their local contexts. After the ToT, participants will be responsible for organizing and conducting dissemination sessions for other potential advocates in their home countries.

Training Providers: The project organizers will be responsible for delivering the training program, providing training materials, and offering ongoing support to participants.

Trainers will ensure that the content is relevant, accessible, and applicable to the diverse contexts of the participating countries.

Project Coordinators: Coordinators from each participating country will assist in the selection process, logistics, and follow-up activities to ensure the successful implementation of the project.

6. Logistics and Financial Support

Travel and Accommodation: All travel and accommodation expenses related to the training will be covered by the project. Participants are expected to make their travel arrangements in coordination with the project coordinators.

Training Materials: All necessary training materials will be provided by the project organizers.

Meals and Refreshments: Meals and refreshments will be provided during the training sessions.

7. Application Process

Interested candidates must submit the following:

A completed application form (provided by the project coordinators).

8. Deadline for Applications

All applications must be submitted by 31st August 2024. Late applications will not be considered.

9. Selection Process

The selection committee, composed of representatives from each participating organization, will review all applications received in their country. Applicants will be notified of the selection results by 6th of September 2024.

10. Contact Information

For any questions or further information, please contact the project coordinator in your country:

Serbia: [Gordana Mandic Radosavljevic & nvo.svetlost@gmail.com]

Germany: [Lisann Hansen & lisann@kultur-life.de]

Spain: [Alehandrina Valle Rodriguez & aeuropa2020@gmail.com] [Juan Jesus Rey Carmona & mesalocalpg@gmail.com]

Croatia: [Manuela Strinavic & ured.studiob@gmail.com]

Bulgaria: [Lyben Georgiev & luben@re-act.bg]

Note: Participation in this training is a significant opportunity to contribute to a vital cause. Selected participants are expected to fully commit to the training and subsequent activities.



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